

**History Hustle - 5K Walk/Run**  
**Saturday, October 14, 2017**  
Remington Recreation Trail, Canton  
**Walkers @ 8:30 am /Runners @ 9:00 am**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Phone: \_\_\_\_\_

T-shirt size: \_\_\_\_\_ Pre-registration fee: **\$18.02** (adult)  
*(circle one)* **\$9** (kid<12)

I know that running or walking a 5K race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relating to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, effects of the weather including ice, snow, low temperatures, as well as the condition of the road. All these risks are known to me and appreciated by me. Having read the preceding and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release the St. Lawrence County Historical Association, the Town and Village of Canton, the organizers, volunteers, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence on the part of the persons named and described in this waiver.

Signature & Date: \_\_\_\_\_

Parent's Signature (if under 18): \_\_\_\_\_

**Return completed form along with payment to: SLCHA, PO Box 8, 3 East Main Street, Canton, NY 13617 by September 30<sup>th</sup>. Make checks payable to "SLCHA."**

*(Late entries & day of race registration fees \$ 22/\$11; t-shirts not guaranteed.)*