



The St. Lawrence County Historical Association at the Silas Wright House

3 East Main Street / P.O. Box 8 / Canton, NY 13617 / (315) 386-8133
www.slcha.org / info@slcha.org

History Hustle 5K Walk/Run

Saturday, September 21, 2019

Remington Recreation Trail, Canton

Entry fee (adults): Pre-registration by 9/16 – \$10; Day of event – \$15 (kids <13 are free)

Registration begins @ 9:30 a.m.

Name _____

Address _____

Phone _____ Age _____

T-shirts available: to pre-order, please indicate size and quantity and include \$10 per shirt.

___ S ___ M ___ L ___ XL ___ XXL ___ YS ___ YM ___ YL

Waiver of Liability

I know that running or walking a 5K race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relating to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, effects of the weather including ice, snow, and high/low temperatures, as well as the condition of the run/walk surface. All these risks are known to me and appreciated by me.

Having read the preceding and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release the St. Lawrence County Historical Association, the Town and Village of Canton, the organizers, volunteers, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence on the part of the persons named and described in this waiver.

Participant Signature _____ Date _____

Parent's Signature (if under 18) _____ Date _____

Return completed form along with payment to:

SLCHA

P.O. Box 8, Canton, NY 13617

Please make checks payable to SLCHA.